

Stanly County Community Resource Guide

CRISIS SUPPORT SERVICES



**IN CASE OF AN EMERGENCY,
CALL 9-1-1**

STANLY COUNTY



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Opioid Overdose Risk Factors

A person is at greater risk of an overdose if they have:

- History of a substance use disorder
- History of mental health issues
- Opioid Use Disorder and are recently released from jail, treatment, or a hospital. Tolerance, the amount your body can handle, is lower due to lack of use.
- Inject opioids or use prescription opioids, especially at high doses
- Use opioids in combination with sedatives or stimulants. Sedatives slow your breathing even more. Stimulant effects wear off quickly, and the opioid can cause an overdose.
- Use opioids and have medical conditions including heart or bone infections.
- Household members where opioids (including prescription opioids) are accessible.



Recognize & Treat Opioid Overdose

Opioid overdose is life-threatening and requires immediate emergency attention. Recognizing the signs of opioid overdose is essential to saving lives.

CALL 911 immediately if a person exhibits any of the signs below. All you have to say is "Someone is unresponsive and not breathing." Give a specific address and/or description of your location.

- Their face is extremely pale and/or feels clammy to the touch
- Their body goes limp
- Their fingernails or lips have a purple or blue color for darker skinned people, their skin turns greyish or ashen
- They start vomiting or making gurgling noises
- They cannot be awakened or are unable to speak
- Their breathing or heartbeat slows or stops

If the person has stopped breathing or if breathing is very weak, begin CPR. If available, treat the person with naloxone.

Good Samaritan Law

Under NC law, you can **CALL 911** for help during a drug overdose. The victim and caller are protected from prosecution for the following:

- Possession of small amounts of most drugs
- Possession of drug paraphernalia
- Underage possession or consumption of alcohol
- Violating conditions of parole, post-release, or probation

The caller must provide their name to law enforcement or EMS to qualify for legal protections. Anyone who uses naloxone to reverse an overdose is immune from civil & criminal liability as long as they do so in good faith.

Never Use Alone



**No Judgment
No Shaming
No Preaching
Just Love!**

Call if you're going to use when you're alone. An operator will ask for your first name, exact location, and the # you're calling from. If you stop responding after using, we will notify ems of an "unresponsive person" at your location.



**No Jugamento
No Te Avergonzarè
No Predicando
Solo Amor!**

Llama si tu vas a usar solor. Un operador te va preguntar tu nombre, to ubicación exacta, y tu numero de teleéfono donde tu estas llamando. Si tu dejas de responder después de usar, nosotros vamos a llamar EMS de una "Persoa que no esta respondiendo" a tu dirección.

1 -800-484-3731
www.NeverUseAlone.com

Unsure where to go for substance use help?

START HERE

**Narcan
Access**

Will's Place..... 980-581-8001

Uwharrie Harm Reduction Initiative 980-581-8004
uwharrieharmreduction.org

Stanly County Community Paramedics..... 704-454-8493
24/7 Substance use assistance and peer support, call

Suicide Warning Signs

Some warning signs may help you determine if a loved one is at risk for suicide, especially if the behavior is new, has increased, or seems related to a painful event, loss, or change. If you or someone you know exhibits any of these, seek help by calling the Lifeline at **988**.

- Wants to die or kill oneself
- Looks for a way to kill themselves, like searching online or buying a gun
- Feels hopeless or having no reason to live
- Feels trapped or in unbearable pain
- Increases the use of alcohol or drugs
- Acts anxious or agitated; behaves recklessly
- Sleeps too little or too much
- Withdraws or isolates oneself
- Shows rage or talks about seeking revenge
- Extreme mood swings do next, call the Lifeline at **988**.

988 SUICIDE & CRISIS
LIFELINE

988 LÍNEA DE
PREVENCIÓN DEL
SUICIDIO Y CRISIS

Are you worried that a friend or loved one is thinking about suicide?

5 Action Steps for talking with someone who is thinking about suicide. Learn more about how and why these steps can help at BeThe1To.com. If you're supporting someone and unsure what to do next, call the Lifeline at **988**.

#BeThe1To

If you think someone might be considering suicide, be the one to help them by taking these 5 steps:

ASK. KEEP THEM SAFE. BE THERE. HELP THEM CONNECT. FOLLOW UP.



Find out why this can save a life at
www.BeThe1To.com

If you're struggling, call the Lifeline at
988

HELP LINE

Mental Health and Substance Use/Addiction Services

Affirmed Counseling, PLLC **704-550-5781**

Anuvia Prevention and Recovery Center

Detox: **704-445-6900**

Assessment: **704-376-7447**

DWI/Court: **704-927-8840**

anuvia.org

ARCA Addiction Recovery Care Association **877-615-2722**
arcanc.org

Assurance Life Learning Center **980-270-5500**
assurancelifelearningcenter.com

Atrium Health Behavioral Health Psychiatry & Counseling **704-403-1877**

Atrium Health Addiction Services - Charlotte. Helpline: **704-444-2400**

Bridge to Recovery .. **704-909-8025**
thebridgetorecovery.org

Creative Counseling and Learning Solutions **980-581-8144**
ccandls.org

Daymark Recovery Services **704-983-2117**
866-275-9552 (24/7 crisis line)

Epiphany Family Services **704-536-6853**
704-236-4067 (hotline)

Nazareth Child & Family Connection **704-636-5522**
888-207-0250 | nazcfc.org

Hopeline NC **919-231-4525**
877-235-4525

Hope4NC **1-855-587-3463**
(translators available)

Hopeway **1-888-859-2106**
Hopeway.org

Journey Counseling Services **704-985-1088**

Mary & Martha Center for Women **704-983-7785**

Monarch **704-986-1500**
1-866-272-7826 (toll-free)

Gateway of Hope Addiction Recovery Center gohrecovery.org

Partners Health Management (member services)... **888-235-4673**
(24/7 crisis line)... **833-353-2093**

Will's Place **980-581-8001**
willspacenc.org

Harm Reduction

Uwharrie Harm Reduction Initiative **980-581-8004**
uwharrieharmreduction.org

Medicine Drop Boxes

Albemarle Police Department
155 W. South St.
Albemarle, NC 28001
704-984-9500
24/7 drop off

Oakboro Police Department
109 N. Main St.
Oakboro, NC 28129
704-485-4214
Drop-off during business hours

Norwood Police Department
139 N. Main St.
Norwood, NC 28128
704-474-3716
Drop off during business hours

Hospital & Urgent Care

Atrium Health Stanly – Hospital/ED 980-323-4000
For emergencies call 911

Atrium Health Urgent Care Albemarle 704-550-0050

Daily 8AM-8PM

Main Street Family Care - Urgent Care..... 704-271-3777

M-F 8AM-8PM | Sat & Sun 9AM-4PM

Medical Clinics

Atrium Health Primary Care-
Albemarle Family Medicine..... 980-323-5360

Atrium Health Stanly Wound Care..... 980-323-4388

John P. Murray Community Care Clinic 980-323-4668

First Care Medical Clinic 704-982-0950

Main Street Family Care 704-271-3777

Stanly County Health Department..... 704-982-9171

Clinic Appointment line (servicios bilingües)... 704-986-3099

Women's Health Clinics

Albemarle Women's Clinic 704-550-5260

Atrium Health Stanly

Women's Care (OB/Gyn)..... 980-323-5330

Charlotte Health Center –

Planned Parenthood..... 704-536-7233

Stanly County Health Department..... 704-982-9171

Clinic Appointment line (servicios bilingües)... 704-986-3099

Pregnancy Resource Center

Pregnancy Resource Center of

Stanly County 704-983-2100

Dental Care

Stanly County Dental Clinic 704-986-3845

(Children & Teens 18 and younger)

Veterans

Veterans Crisis Line..... 988, press 1

W.G. (Bill) Hefner VA Medical Center..... 704-638-9000

Mental health care..... 704-638-9000 ext 13450

Stanly County Veterans Service Office 704-986-3694

DOMESTIC VIOLENCE & SEXUAL ASSAULT CRISIS INTERVENTION/ RESPONSE

Esther House **704-961-7502**
704-961-7500 (24/7 CRISIS LINE)

National Domestic Violence Crisis
Hotline **TheHotline.org**
1-800-799-7233 (24/7)

National Sexual Assault Hotline
(RAINN) **Online.RAINN.org**
800-656-4673 (24/7)

NC Coalition Against Domestic Violence
Find local crisis center: **nccdav.org/get-help**

NC Coalition Against Sexual Assault
Find local crisis center: **nccdav.org/get-help**

FAMILY, PEER, & CRISIS SUPPORT

AA/Alcoholics Anonymous
Find meetings: **45.aa-carolina.org**

National Council on Alcoholism & Drug
Dependence **1-800-622-2255** (24/7)

NA/NARCOTICS ANONYMOUS

Christ Episcopal Church
Mon, Wed, Sat @ 7PM (public)

First United Methodist Church
Tue @ 7PM | Thu @ 7PM (public)

NC Alcohol & Drug Council Hotline
1-800-688-4232 | Text 919-908-3196

QuitlineNC **1-800-784-8669**
Text 'READY' to **200-400**

NC Problem Gambling
Hotline **1-877-718-5543**
MoreThanAGame.nc.gov

Al-Anon
Find meetings: **al-anon.org**

Nar-Anon **800-477-6291**
carolina-naranon.org

FOOD ASSISTANCE

Albemarle Community Table . **704-984-6825**
Lunch Daily 11AM-12:30PM

Albemarle Food Pantry **704-982-7915**
(appt required)

East Albemarle Food Pantry. **704-982-7915**
Thu 3:30-6:30PM

Grace Place **Breakfast M-F 7:30-9AM**
Dinner M & Th 6PM

Norwood Community Table
Lunch M-Sa 11:15-12:30PM

Norwood Food Pantry **704-982-7915**
M 2-6PM

Stanly County Department of Senior
Services **Lunch M-F | 704-986-3789**
stanlycountync.gov/senior-services

Stanly County Department of Social
Services **704-982-6100** (food stamps)

WIC (servicios bilingües) **704-982-9171**
Stanly County Health Department

HOUSING & HOMELESSNESS RESOURCES

Community Inn **704-984-6454**
Shelter 6PM-7AM

Gaston Community Action, Inc - Stanly
704-985-1928 | gastonca.org

Habitat for Humanity **704-985-1050**
stanlyhabitat.org

Homes of Hope, Inc. **704-982-3634**
homesofhopestanly.org

OTHER

Stanly County Department of Social Services
(DSS) **704-982-6100**

Butterfly House Children's Advocacy
Center **980-323-4625**

NC Children with Special Health Care
Needs Helpline **1-800-737-3028**
Email: **CYSHCN.Helpline@dhhs.nc.gov**

Emergency Preparedness- Stanly County
Emergency Management ... **704-986-3660**

Stanly Community Christian
Ministry **704-982-7915**

Financial assistance & clothing closet

Whether it's your friends,
family, or community,
everyone needs someone
to lean on.



If you don't know where to turn
you can text **HOME** to **741741**.

A volunteer Crisis Counselor with
Crisis Text Line will be there for you.
It's free and 24/7.

Ya sean tus amistades,
familia o comunidad,
todos necesitamos
alguien en quien confiar.



Si no sabes a quién recurrir, solo
escribe **APOYO** al **741741**.

Un Consejero de Crisis voluntario
de Crisis Text Line estará allí para
ti. ¡Es gratis y 24/7!

Need Help?

Feeling anxious? Fighting addiction?
Living with a disability?

833-353-2093

Relay NC 711 or TTY: 800-735-2962

Call **anytime** for instant access
to professionals waiting to help you.



PARTNERS

Improving Lives.
Strengthening Communities.®

Substance | Abuse | Mental Health
Intellectual or Developmental Disabilities

Salud mental | Abuso de sustancias
Discapacidades intelectuales
o del desarrollo

www.partnersbhm.org

¿Necesita ayuda?

¿Se siente ansioso? ¿Lucha por
vencer una adicción?

¿Tiene alguna discapacidad?

833-353-2093

Relay NC 711 or TTY 888-825-6570

Llame **en cualquier momento** para
obtener acceso inmediato
a profesionales que desean ayudarle.

Free & confidential 24/7 crisis counseling
via phone, text, and chat for LGBTQ youth.

THE **TREVOR** PROJECT
Saving Young LGBTQ Lives

Text **'START'** to **678-678**

Call **1-866-488-7386**

Chat **thetrevorproject.org/get-help**

SAMHSA's National Helpline

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year
treatment referral and information service for individuals and families
facing mental and/or substance use disorders.

Call **1-800-662-4357**

La Línea Nacional de Ayuda de SAMHSA es un servicio gratuito, confiden-
cial, disponible las 24 horas, los 7 días de la semana, los 365 días del año.
Esta línea telefónica es un servicio de información para personas y familias
que enfrentan trastornos mentales o de uso de sustancias.

Llama **1-800-662-4357**